

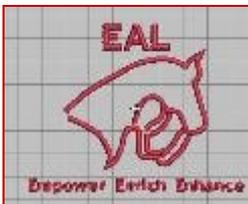
Corporate Teambuilding and Leadership Training Clinics!!

New to EAT! Corporate Teambuilding and Leadership Training Clinics

As you may have noticed, EAT is always "walkin' on".... we don't let the dust settle for long when it comes to being all we can be for our participants.

Therefore, three people from EAT - board member Peter Rumbolo, Spirit Horse Instructor, Lulu Bogolin and myself attended a weeklong clinic from Calgary Canada called Equine Connection to become certified as facilitators in this new realm of therapeutic horsemanship.

How will this expand the services at Equine-Assisted Therapy?



Equine Connection (EC) specialized in what is known as *Equine Assisted Learning (EAL)*. And when it comes to EAL, the sky's the limit!

Interactive learning skills development is one of the hottest commodities today! There are hundreds of applications and there are always people who need them. EC facilitators are already running successful programs in areas such as:

- | | | |
|--------------------------|----------------------------|---|
| Ω marriage counseling | Ω behavioral issues | Ω judicial system clients |
| Ω at-risk youth | Ω date nights | Ω corporate team leader sessions |
| Ω veterans programs | Ω womens programs | Ω eating disorders |
| Ω adults with addictions | Ω youth programs | Ω self-esteem, confidence issues |
| Ω addiction recovery | Ω foster kids | Ω just about anything you can think of! |
| Ω peer groups | Ω cancer recovery patients | |

Your group will work together in teams of 2-3 people and 1 horse. That's right... **a HORSE!**

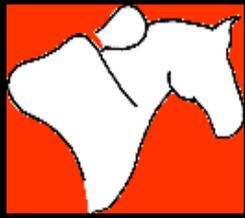
Running along the same premise as paintball and ropes courses, your group will navigate a set of obstacles through communication, problem solving, creativity and teamwork. You'll be surprised at how much the horse enters into the solutions.

If your business, club, school, group, staff, family or friends would like more info on this day of unique leadership/skills training just contact EAT for further information.

We're excited to add this new facet to our program as well as use the information with ALL of our participants as encouragement in their daily lives.

"Walk on . . ." !





Additional Thanks to Patty Rudd

A huge apology to **Patty Rudd** who was mentioned in the FB article about helping after the flood but omitted from the last newsletter. Patty was the person to arrive on the scene as soon as we were able to get back onto the property and helped me shuffle through the mess. After putting in two full days of cleaning and heavy lifting, Patty also made a huge donation to help EAT get back on it's feet. Patty has been a faithful volunteer for 5 years at our T&C facility and the horses up there just love her to death and so do I! Thank you Patty.... you really held me together during those first days!



We Love Our Volunteers!!!

Farewell to Brandon . . .



EAT sends a big thanks to Brandon Benefield who worked in our office for over a year to bring us into the technological age. He has patiently put up with all us crazy horse people and calmly explained so many fancy updates to our computer, sound system and communication processes.

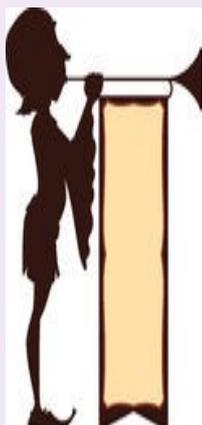
Brandon moves on to his current position - although full time now - at Concord Baptist Church in South County. He'll never be far away though, because he knows we'll quickly forget most of what he taught us and we'll be calling him!

Thanks for everything Brandon and God Bless !



Welcome **Katie Gancarz**, EAT Barn Buddy to T&C and now part of our office staff. 😊

Calling for Volunteers at T & C

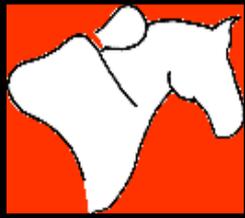


Calling for volunteers for our **Town & Country** facility!

Our Town and Country facility opened for their 2016 season April 5th and we're making a big push this year to open more classes up there if we can get the volunteers!

If you've ever thought you might like to be a part of helping kids with special needs - ride a horse no less!!! -

Please contact us at info@eatherapy.org, 314-221-3642 or www.eatherapy.org You must be over 14 but no previous experience is necessary. We'll train you.



St. Nicholas Parish Community

Our fabulous grant writer, **Theresa Kormos**, told the people at her church, **St Nicholas Parish Community**, about all we do at EAT and they so kindly wrote a donation check for her to give us exclaiming they love what we're doing! (We love it too!)



Thank you Theresa and St Nicholas Parish Community.

EAT on TV . . . "STL Live"

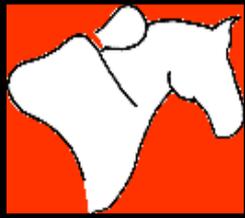
Board member Steve Akre and Certified Riding Instructor Mary Ladd spread the word of our wonderful program to the STL TV listening audience on March 10th and did a bang up job, I must say!



Vroom, Vroom

Check out the adorable off-road walker Mark Dorsey made for our kids! So cute and work great on the sand . . . **Thanks Mark!**





EAT's Annual Egg Hunt . . .

♥ EAT's Special Events Coordinator, Diane Fletcher, Carla Abernathy and Barb Smith put so much creativity into this years Egg Hunt event at our T&C facility. We wish to thank them all ! In addition, we want to thank these Egg Hunt helpers - Diane's sister-in-law, Mark & Diane, Barb Smith, Katie Abernathy, Rachel Reid, National Charity League, Barb & Sarah



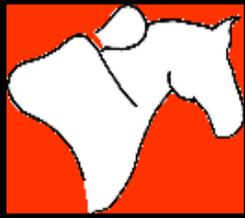
Volunteer Spotlight . . . Kathy Church

About 2 1/2 years ago, when searching a volunteer website for programs benefiting kids, I found Equine-Assisted Therapy and the side walker opportunity. After doing some additional research I realized I had discovered the "volunteer opportunity trifecta" since I would get to help kids, exercise and do both in a "relatively" fresh air environment.

As a side walker, I get to help riders tackle a new challenge, master an activity, enjoy the wonders of riding and celebrate success. Since I've been fortunate to work with the same riders most sessions, I've also had the pleasure of watching two wonderful young ladies continuously improve their riding skills; knowing I was part of a team who helped them do so is incredibly rewarding!

From day one, I felt welcomed, and even though I typically cannot be there more than a couple of hours per week, I've always known any amount of time I give is appreciated. Being a side walker has been a fantastic experience and I look forward to Saturday mornings as much as the riders do.





Participant Spotlight . . . Logan Weber



Logan Weber is 20 years old who really enjoys being a participant at EAT. He loves to ride "my horse Hero". All week long Logan says, "Hero back". Logan also talks all week about Nick, Ed, Spring, Lee and his best friend Gary.

Logan enjoys trail rides and helping out wherever he can at EAT. One evening, after class, he rested his elbow on the rail and looked at his instructor in all seriousness and said, "Marti, when you want help with something just call me, I'll help." True to his word, and with the guidance of his father, he has discovered several tasks he can do to help including cleaning up after horses and putting his saddle away if it is not being used again.

Marti says that Logan's progress has been steady with improvement in body control and skills. She adds that Logan is a delightful rider who always wants to please, play tricks on you and show you just how well he can do what you ask.

Logan's father, Keith, says that Logan has matured so much with the help of the entire staff and program at EAT. He has gained better posture not just in the saddle but even when he walks. Logan has also developed core strength. Logan has developed independence and says "on my own". Logan's verbal skills continue to develop when speech pathologists have said he had peaked. Logan and EAT are a limit breaking team.

Keith adds that "as a parent I have seen Logan's riding abilities, posture, balance, sense of awareness, and verbal skills develop drastically over the years riding at EAT. The love, care and understanding is incredible. We are truly blessed to be a part of the EAT family.

Thanks for developing such a wonderful program."

EAT's Expanding Family !



We have some new family members to announce

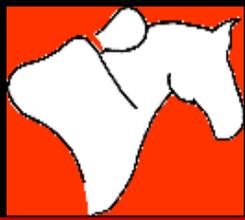
Question: *what comes to mind when I say Chip n Dale?*

I'm finding that those younger than say 40 think of male dancers and those over 40 think of chipmunks!



We'll settle this once and for all: *Chip and Dale* are EAT's new Haflingers and they are adorable!

Brothers at 9 & 10 years old, they join our other sets of brothers, Magic and Florian, and Dusty and Scooby ! Scooby is another new horse to our family and is Dustys little brother.



Equine-Assisted Therapy

EAT News

♥ Thank You ♥♥ Thank You ♥

A number of people are always working behind the scenes to keep our facilities beautiful and running smoothly:

- ♥ David Hunt of St Louis Equine Veterinary Services - Eureka
- ♥ Homestead Veterinary Hospital
- ♥ Dave Thompson – farrier
- ♥ Keith Pey – EAT Newsletter Editor
- ♥ Dave Holst—T&C Transport Services
- ♥ Keith Weber—Arena Care
- ♥ EAT Barn Buddies
- ♥ EAT Board of Directors
- ♥ EAT Instructors
- ♥ EAT Donors/Supporters
- ♥ EAT Office Staff - Lindsey and Brandon
- ♥ EAT Tack Pro — Rick Turner
- ♥ EAT Therapy Horses
- ♥ EAT Volunteers
- ♥ Chuck Smith and Scott Smith - horse handling, leader training, lesson prep and the hours and hours spent with our new horses
- ♥ Theresa Kormos - grant writer
- ♥ The Cassaday Family
- ♥ The Janssen Family - daily walks and grooming for Tator and Spuds
- ♥ David Diamond and Christy Merritt - walks and grooming of Prince Brady
- ♥ Gaye Regan - Birthday board and LOTS of lovin' for Murphy and Yoda
- ♥ Susie Pace and Gaye Regan - Helping horses at T&C settle in & a spa day for Magic
- ♥ Acacia White-Valley - bed, food and toys for the kitties
- ♥ Dave Holst - donated gobs of stuff for the Egg Hunt
- ♥ Christina Tobin - monthly donation
- ♥ Mary Wyatt for doing a matching gift with her place of business, Pfizer
- ♥ Barbara Rombach in honor of EAT participant, Christa Moore
- ♥ Karen Scott
- ♥ Lions Club of Webster Groves and Tim & Lisa Rabbitt went together to buy new riding helmets when ours went down with the flood
- ♥ National Charity League for continuous help and support
- ♥ Denise Crow, EAT volunteer, received a lovely matching grant for EAT from her place of business, AMGEN



♥ Thank You ♥♥ Thank You ♥

- ♥ Teamsters Horsemen Motorcycle Association sent a check to scholarship 2 participants
- ♥ Mark Dorsey - off-road walkers and keeping the Keurig machine stocked
- ♥ Julie Orgel
- ♥ Cathy Dufour - extra help at T&C
- ♥ Integrated Project Management (IPM) a day of service & a check to buy a chainsaw and rent a chipper
- ♥ Fontbonne students - day of service
- ♥ St Nicholas Parish Community
- ♥ Kirkwood Evening Optimist Club - donation
- ♥ Carla and Peggy visiting schools to tell about EAT
- ♥ Peggy Browne - actiflex for our less than flexible horses
- ♥ Wendy Janssen, Christy Merritt and David Diamond - horse care
- ♥ Robin Bair - monthly donation (may be a repeat)
- ♥ Emerson Process Management
- ♥ Wendy Janssen & Christy Merritt - facility organization and cleaning
- ♥ Melody Lashmar
- ♥ John Robinson and his buddy Barry for dragging field Peggy Browne for Actiflex
- ♥ Diane Fletcher, Vicki Weathers, Dan Feinstein, and Patty Rudd for helping with a field trip to EAT
- ♥ The Bargins Family - Dave, Edie, Sam 8 and Josh almost 7 - donated a Emergency Weather Alert Radio
- ♥ **BRAVO** for EAT Volunteers, Nathan & Ellie Justus for their parts in the traveling play "Pilgrim". Awesome performance! Linda & I enjoyed it so much!



IPM Volunteers

Birthday Honors !

In honor of Grace Maloney, Sally Morton, Bob Bowers, Channing Whitlock and Margot Epsteins birthday we first thank Grace, Margot, Tiffany and Bob for their generosity in sharing their birthdays with Equine-Assisted Therapy! Thank you, too, to their friends and family who sent gifts.

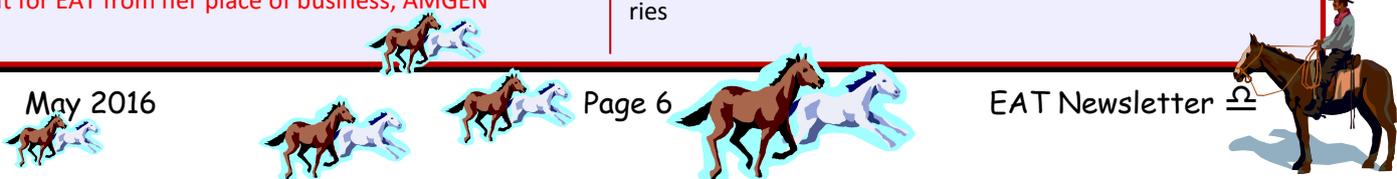
Grace - Caroline Koetting, Tom & Nancy Mooney

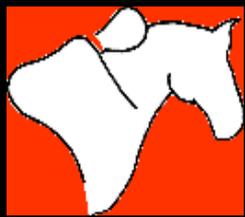
Sally - Tiffany Schroeder

Bob - Shawn Bower

Channing - Laura Deutsch & Jennifer Abeles

Margot - Higginbotham, Winnings, Lashmar, Grill, Schuerer, Carmody, El-Sayed, Thomason, Cohen, Riswadkar, Krevonik, Damon, Orgel, Piston, Griffey, Whitney, Gross, Grady, Spence, Rhimes, Whitesell, Huddleston, Gleva & Berries





2016 - EAT Calendar . . .

Session 2 April 3rd – May 21st – both locations

- Ω No classes Sunday May 8th for Mothers Day
- Ω Session Break – No Classes Sunday May 22nd – 28th
- Ω Memorial Day Weekend - No classes May 28th, 29th or 30th

Session 3 Tuesday May 31st – *July 17th – both locations

- *note extra Sunday class on July 17th scheduled due to other Sunday cancel
- Ω No Classes Sunday June 19th for Fathers Day
- Ω No Classes Saturday July 2nd, Sunday July 3rd or Monday July 4th for holiday
- Ω Session break – no classes July 18th – July 30th



Session 4 July 31st – Sept 17th – both locations

- Ω Labor Day weekend - No classes Saturday Sept 3rd, Sunday Sept 4th or Monday Sept 5th
- Ω Session break – no classes Sept 18th – Sept 24th

4th ANNUAL HOEDOWN – SATURDAY Sept 24th – 4 – 8 pm at WW

Session 5 Sept 25th – Nov 12th – WW only
Sept 25th – Oct 15th – T&C - 3 weeks only

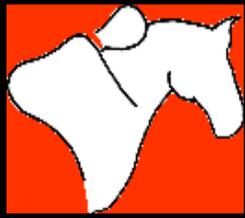
- Ω No classes October ____ for Fall Festival
- Ω No classes Sunday Oct 16th for the Participant Horse Show
- Ω No classes Saturday Nov 12th for Volunteer Thanksgiving Dinner

FALL FESTIVAL – Saturday _____ – 3 pm – 6 pm – T&C

**6th ANNUAL PARTICIPANT HORSE SHOW
– SUNDAY OCT 16th – 10 am – 2 pm at WW**

**VOLUNTEER THANKSGIVING DINNER
– SATURDAY NOV 12th – 6 pm – 8 pm at WW**





EAT's Mission . . .

Equine-Assisted Therapy, Inc has but one purpose; that is to provide horsemanship experiences to persons with mental, physical, and psychological disabilities in order to enhance the quality and productivity of their lives.



Please 'like' us on Facebook
www.facebook/eatherapy

Equine Assisted Therapy - Contact Info

EAT Office Team
Lindsey Roscoe
Katie Gancarz
Phone: (314) 971-0605

Executive Director
Ginni Hartke, RN
Phone: (314) 221-3642
ginni@eatherapy.org

T & C Barn Mgr
Carla Abernathy
Phone: (314) 630-5479

Equine-Assisted Therapy - Program Addresses

EAT - Business Office
5591 Calvey Creek Rd
Robertsville, MO 63072

EAT - Longview Farm Park
13525 Clayton Rd
Town & Country, MO 63141

EAT - Wildwood
3369 Hwy 109
Wildwood, MO 63038

Newsletter Editor : Keith Pey

Email EAT : info@eatherapy.org
visit our web-site: www.eatherapy.org