



# Equine Assisted Therapy **EAT NEWS**



314-971-0605 | [info@eatherapy.org](mailto:info@eatherapy.org) | [www.eatherapy.org](http://www.eatherapy.org)

**Oct 2020**

## *Letter from Lulu*

Hello EAT Family and Friends,

I want to thank each of you for your patience through these past few months. While we missed 3 months of classes, it is so great to have riders back in the saddles, volunteers and instructors back, and just being able to help people through horses once again. While it may still be awhile before we are back to whatever the new normal will be, we appreciate your continued support for our organization.

We have had to cancel all of our events through the rest of the year but I hope you will consider donating through our Adopt-a-Horse program and check out our new online merchandise store. Thank you all so much for the wonderful donations for Sarge's 30<sup>th</sup> birthday and for our online raffle.

I hope each of you continue to stay healthy and hope to see you soon!

Walk on,  
*Lulu Bogolin*

## *Inside This Issue*

### **PG. 2**

- ~Special thanks to...
- ~Sarge's Birthday Fundraiser
- ~Ways to Donate

### **PG. 3**

- ~Welcome our new horses!

### **PG. 4**

- ~Welcome new instructors!

## Thank You Thank You

We want to thank everyone for your understanding, dedication, and patience as we navigate these new and challenging times together. We are extremely grateful to you all for sticking with us. We could not do what we do without you!

### Special Thanks To:

- Maura Harris - Birthday Fundraiser
- Liz Johnson – Birthday Fundraiser
- Melanie A. Halley – Donation in memory of Graham Halley
- Larry Turner – Donation in memory of SueEllen Turner
- Peggy Browne – Donation in memory of a loved one
- Patty – Donation/Sponsorship of Sarge
- Diane Wolf – Work Match Donation
- Judith Frank – Work Match Donation
- Cal Kretsinger – Horse Donation
- David Ferman & Family – Horse Donation

## Sarge's 30th Birthday Fundraiser



Thank you all for helping us reach our fundraising goal and donating to help celebrate Sarge's 30<sup>th</sup> birthday!!



## More Ways to Donate

~Check out our Adopt-a-Horse program on our website – [eatherapy.org/donate](http://eatherapy.org/donate)

~EAT online merchandise store  
[eatstore.itemorder.com/sale](http://eatstore.itemorder.com/sale)  
(Quick link at bottom of our website)

~Go to [smile.amazon.com](http://smile.amazon.com) and select Equine-Assisted Therapy as your charity of choice, Amazon donates 0.5% of your eligible purchase cost back to us

~ All donations are tax-deductible

# Welcome Our New Horses!



## Cash

Johnny Cash came to us in February of this year. He is a 2005 Paint Quarter Horse who loves being around people. He took some time to learn that Hero is in charge out in the pasture but is well adjusted now and thriving in classes. He is quickly becoming a favorite!

## Dude

Dude was donated to us in February. He is a flea bitten grey 2006 Missouri Fox Trotter. His big dark eyes and soft white coat make it hard not to love him. He truly has a huge heart and is a gentle soul!

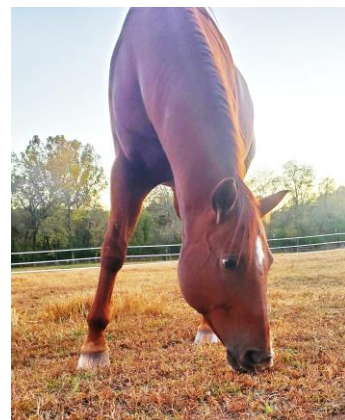


## Bennett

Bennett came to us in March. He is a 2003 Belgian/Draft cross. He is recovering from some hoof issues but is eager to start helping our riders. This gentle giant has a heart as big as he is!

## Poco

Poco was donated to us in August. He is a 2002 chestnut Quarter Horse. He has been there, done that, and is ready for his new important job of helping our riders. His calm and willing disposition makes him a great addition to our herd!



# Welcome Our New Instructors!

## **Brenna**

Brenna has a bachelors degree in equine science from Truman State and is certified in therapeutic riding through SpiritHorse. She has been working with horses for 20 years but has been horse-crazy her whole life. She operated the stables in Greensfelder Park for a few years and currently owns a 20-year-old, blind Missouri Fox Trotter named Max. She instructs at EAT on Monday nights!



## **Colleen**

Colleen started riding at the age of 10 and currently barrel races with her 18-year-old Quarter Horse named Dutch. "Horses changed my life for the better and I would not be where I am today without them." She is almost done with her special education teaching degree and is certified through SpiritHorse. She loves instructing her Wednesday night classes because she gets to use horses to help improve the lives of others, the same way they did for her.

## **Tammi**

Tammi has loved animals her entire life. She has worked with dogs in several different capacities but realized last year that her real calling is horses. She is certified in Healing Touch for animals as well as therapeutic riding through SpiritHorse and says her favorite part of teaching her Monday morning classes is seeing her students interact with the horses and improve all of their skills through riding.

